

# Verse of the Month Devotional

April

*Whenever I am afraid,*

*I will trust in You.*

*Psalms 56:3 NKJV*

## *Thoughts on the verse:*

Fear is a liar. That is not just a great song by Zach Williams or a trite saying, but it is a very important truth: fear IS a liar. In my own walk with the Lord, I have experienced many spiritual attacks and seen many warfare tactics used. Something happened during our foster care journey that made me start ignoring the dark side of our life. Like a child afraid of the dark, I would hide my fears in my mind, covering myself with a blanket thinking, "If I can't see you, you can't see me"... I thought if I just ignored the enemy, ignored his voice and ignored his tactics, they would eventually go away. And there is something to be said for standing in righteousness and waiting for God to move. But that was not the tactic I was choosing. I was avoiding the problem, and forfeiting my authority in the Lord. And the longer I let the enemy speak fear and darkness into my life, the deeper I let myself get stolen from. Pretending works for a minute. (Sometimes.) And fake it 'til you make it works in short bursts. And obedience brings breakthroughs. But this was not any of that. I needed to stand up and address that liar, to call out the white elephant in the room, and to tell that nasty thief where to go, remind that liar where he belonged, and send him packing, far away from my home and family. I was tired. I was broken. I had nothing left. And I'm sure God knew all that. Why else would He have had David write the words, "Whenever I am afraid, I will trust in You."

## *Prayer:*

Father we thank you that You give us the road map to walk our life out in faith right in Your Word. We thank you that Your promises are true and that we can trust You. Please help us to remember both the simplicity and the strength of your Word, especially when we are facing hard and scary times. Strengthen us to fight the good fight, and bring others around us to stand with us and hold our hands up when we can't do it ourselves.

## *Action:*

Write down the areas of fear in your life that you are hiding from or avoiding. Write down why, and let yourself go down that bunny trail until it's all out there on paper. Ask God to help you face each fear, call it what it is, send it where it belongs... and ask for help from your best buddies when you cannot do it alone. Keep repeating this verse as your declaration to get the victory.

## *Notes:*